



What's on the Horizon for 2020?

County Executive Office Human Resources/Benefits
In collaboration with other County Agencies,
presents:



The background is a collage of four photographs showing an outdoor fair. Top-left: People walking on a brick path under a white tent with colorful balloons. Top-right: A booth with a man in a blue shirt and a woman in a purple shirt. Bottom-left: A woman in a black jacket looking at a book on a table with a blue cloth that says 'Ventura County Library'. Bottom-right: A woman in a blue patterned shirt smiling at a booth with a blue cloth. A large yellow inflatable character is in the center, and a yellow oval frame surrounds the text.

Employee
Health
&
Wealth
Fair

**Thursday, 10/24/19,
10am -1pm**

Scenic walkway between HOA & HOJ
Learn more about resources
and services available
to County Employees!

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10/24/19 10am-
Employee

Health
&
Wealth
Fair



is your
portunity to
about your
Employee
Benefits...

10/24/19 10am-1pm

Employee

Health
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Health Plan Information

Speak in-person with representatives from County Benefits and our health plan providers:

- Ventura County Health Care Plan
- MES Vision
- MetLife Dental
- Blue Shield
- Chard Snyder (Flexible Spending Accounts)

10/24/19 10am-1pm

Employee

Health
& Wealth
Fair

- VC-WELL
 - ✓ FREE 5-Min Massages
 - ✓ Li'l-Frisbee-Toss game
 - ✓ Health-Club-Discount Partners
 - Pierpont Racquet Club
 - 24 Hour Fitness
 - LA Fitness
 - KO Gym
 - Beachside Crossfit
- Health Care Agency
 - ✓ Mobile Medical Clinic—
 - ✓ Flu Shots & Health Screenings
 - ✓ “Ask-a Doc”
- VCAAA-Fall Prevention

Physical Wellness



Emotional Wellness

10/24/19 10am-1pm

Employee

Health

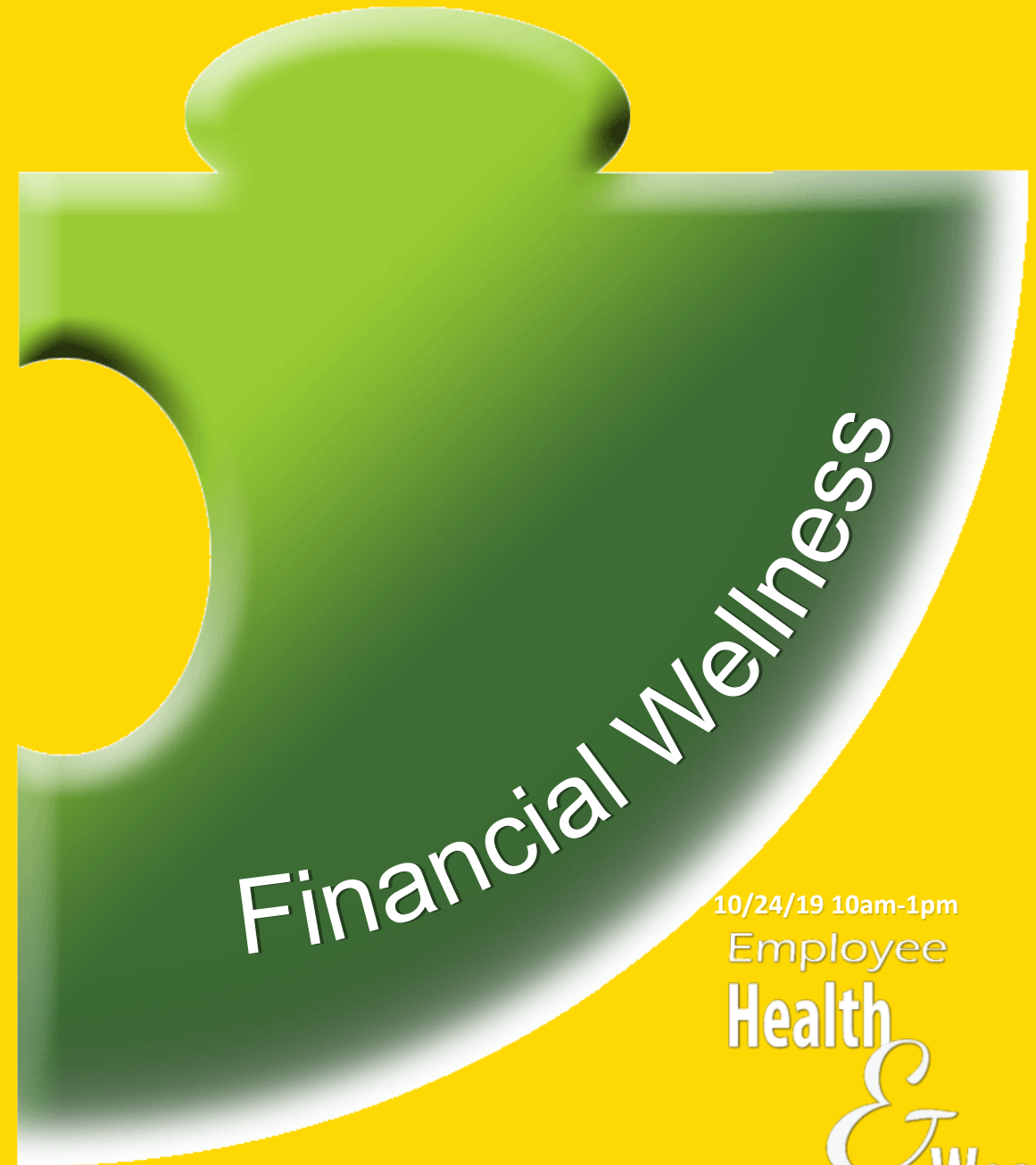
&

Wealth

Fair

- Employee Assistance Program
- Health Care Agency
 - ✓ VC Animal Services
 - Stop by to pet the cute doggy!
 - ✓ Behavioral Health
 - ✓ Alcohol & Drug Prevention (ADP)
- Library Services
 - ✓ Visit the Library Van!
- Employee Training & Dev.
- Work/Life Program

- Ventura County Deferred Comp Program
- Ventura County Credit Union
- Fidelity • VCERA
- VCAAA- Affinity Trusts- Estate Planning
- emPower (Energy-Savings for Home Owners)
- VC Community Development Corporation
- Coastal Housing Partnership



10/24/19 10am-1pm
Employee

Health
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**October 20-26, 2019
is
National Retirement
Security Week**

*A Challenge to Strengthen
Your Financial Wellness*



Your Road Map to Financial Wellness

EXIT 2

Budgeting and
Spending

EXIT 1

Get Your
Personal Money
Checkup

(NetBenefits
login required)

EXIT 3

Managing
Your Debt

EXIT 4

Help Grow
Your Savings

Everyone

Everyone taking "Exits" on the Road Map to Financial Wellness can complete their Personal Money Checkup by November 15th with the help of financial counselors in reaching their financial goals.

EXIT 2

EXIT 2

Budgeting and
Spending

BACK TO HOME



3 WAYS TO FEEL GOOD ABOUT YOUR FINANCES



BUY A CAR OR LEASE IT—Decisions aren't always easy to make, particularly when your money's involved. With money guru Jean Chatzky, we'll help you weigh the pros and cons before you make your decision.



BUYING A HOME—Owning a home can give you immense pride and the ability to build equity. Before you start touring houses, use this simple calculator to help estimate what you can afford to buy.



EXIT 3

EXIT 3

Managing
Your Debt

THE UGLY—Knowing the different kinds of debt, and how to manage them, is an essential money management skill. From loans to credit cards, we'll help you recognize the "good" from the "bad," and how to make it all work in your favor.

HOW TO PRIORITIZE DEBT—Between credit cards, student loans, and mortgages, there are many types of debt out there. Watch this video for three tips that can help you tackle it all.

HOW TO GET OUT OF DEBT—Digging out of debt can be painful—but the payoff is empowering. We'll help you get started.

EXPLORE OPTIONS FOR MY STUDENT LOANS—This Student Debt Tool can help you understand all of your loans and find ways to lower your monthly payment or pay off your debt faster (or both!)

◀ BACK TO HOME ▶

EXIT 4



THE 3 A'S OF SUCCESSFUL SAVING



POWER OF SMALL AMOUNTS—See how a change as small as a 1% increase in your contribution to your workplace savings plan can make a big difference for the future.



HOW TO BUILD EMERGENCY CASH FOR WHEN YOU NEED IT MOST—3 things you need to know about an emergency fund.

EXIT 4

Help Grow
Your Savings

Investing involves risk, including the risk of loss.

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◀ BACK TO HOME ▶

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